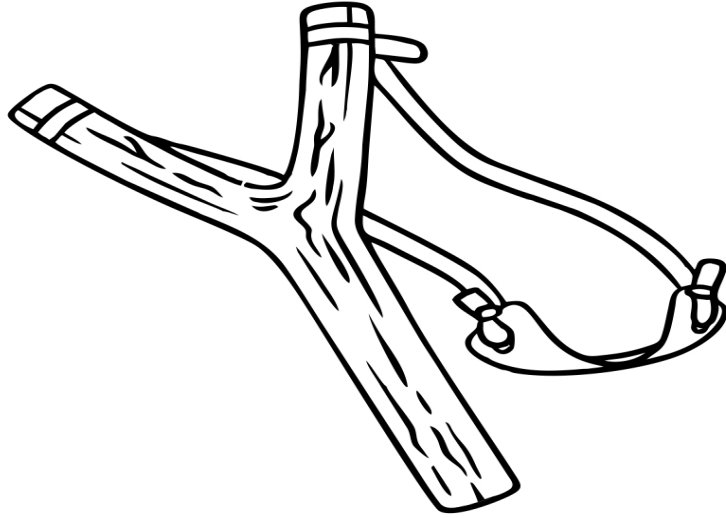


Name _____ Date _____

COOL DOWN

Strategies

When I am angry, I can point that energy in an appropriate direction.



Where can I redirect my anger?
