

## Getting to Know Yourself in Recovery

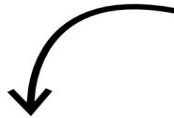
**START HERE**  
Finish the sentence, "I miss drugs or alcohol at times because..."

Sure, okay, but how will you deal with the loss?



Why are you quitting anyway? What don't you like about your addiction?  
(you've answered this question a 1000 times before)

What are the benefits to recovery?  
(You've seen this one before too)



Alright, recovery is tough. Is it what you want, or is it what others want for you?



What will it take for you to want recovery? Or, rather, what needs to happen to help you stay in recovery?