

Activities & Worksheets

These are some suggested quilting-related activities that correlate with Kentucky core content (which follow each activity),¹ and assorted quilting-related worksheets. Although most of the activities are separated by age groups (elementary, middle school, and high school), they are easily adaptable for other age groups as well.

Many of these activities have an obvious connection to history requirements, but connections to other requirements are included with the activities. With a little creativity, the activities can also be adapted to work with other requirements than simply those cited in this manual.

As a final note, there is generally no specific identification with particular books or other reading materials included with these activities. Further along in the manual, you will find a list of "In-Class Resources," which list assorted quilting-related books that could be integrated into lessons. Including and discussing any of these books will add a literary/language arts dimension to any of these activities.

The activities & worksheets are separated into 5 groups:

- **All Ages**
 - Polygon Quilt Game
 - Making Natural Dyes
 - Quilt Greeting Cards
 - Signature Quilts
- **Elementary**
 - Alphabet Quilt
 - Making a Quilt Puzzle
 - Quilted Suncatchers
 - Geometric Quilts 1
- **Middle School**
 - Geometric Quilts 2
 - "Covering" American History
 - Quilting for Beginners
- **High School**
 - Manufactured Quilts (A two-part activity)
 - Traditional Do's and Don'ts of Quilting
 - Nine-Patch History
- **Worksheets**

¹ For the activities designated as "Elementary," "Middle School," or "High School," only the Kentucky core content will be noted at that level. However, this does not mean the activity cannot be adapted for different levels as well.