

TROOP 50 MEAL PLANNER

PATROL: _____

EVENT: _____

DAY: _____

BREAKFAST	<u>MENU</u>	<u>SHOPPING LIST</u>	<u>AMOUNT</u>	<u>COST</u>
Protein Food				
Cereal and/or Bread				
Fruit or Juice				
Beverage				
TOTAL:				

LUNCH	<u>MENU</u>	<u>SHOPPING LIST</u>	<u>AMOUNT</u>	<u>COST</u>
Main Dish, Soup or Salad				
Vegetable and/or Fruit				
Bread or Sandwich				
Dessert				
Beverage				
TOTAL:				

DINNER	<u>MENU</u>	<u>SHOPPING LIST</u>	<u>AMOUNT</u>	<u>COST</u>
Main Dish				
Vegetable				
Salad				
Bread				
Dessert				
Beverage				
Late Night Snack				
TOTAL:				