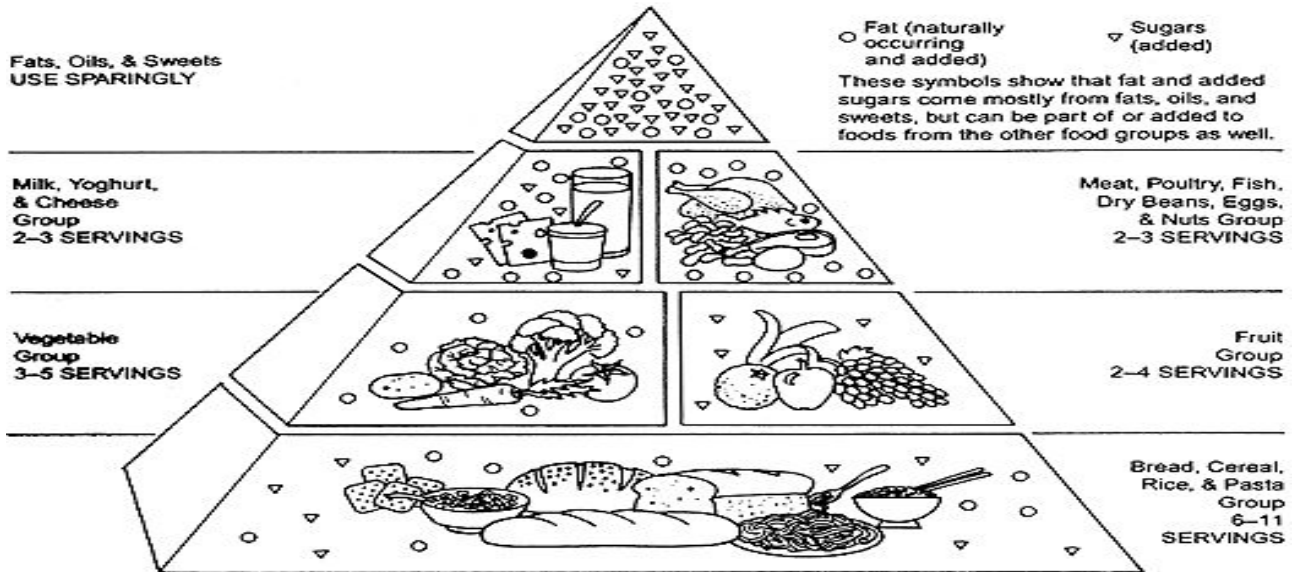


(a)

Food Guide Pyramid
A Guide to Daily Food Choices



(b)

