

Ingrated Dual Diagnosis Treatment Stagewise Treatment Interventions and Activities

Dartmouth Dual Diagnosis Treatment Scale	Evidenced Based Interventions	Stage Wise Activities for Case Managers	Activities to Avoid base on Stages of Treatment
<p>1. Pre-engagement the person does not have contact with case manager and meets criteria afor substance abuse or dependence</p> <p>2. Engagement The client has only irregular contact with assigned case manager, and meets criteria for substance abuse or dependence</p>	<ul style="list-style-type: none"> - Assertive outreach - Practical assistance - Crisis Interventions - Build aliance - Assessment - Develop regular contact and a helpful relationship with client - Meet client where they are - Understand client's world and goal - Acceptance and empathy - Active and reflective listening - Offer honest hope - Create openings to discuss substance abuse and mental illness - Ask permission to discuss substance abuse or mental health issues, respect any "no" or "don't want to talk about it" responses - Create recognition that things could be different 	<p>Tasks:</p> <ul style="list-style-type: none"> - Regular meetings with consumer in the community (at least weekly) - Help consumer apply for benefits, obtain or improve housing, food, address legal needs - Facilitate admission to hospital and / detox if needed - Explore family relationships, engage them in treatment process if consumer desires - Review chart to understand history <p>Tools:</p> <ul style="list-style-type: none"> - Complete Strengths Assessment - If client allows begin Longitudinal Assessment 	<p>Do not:</p> <ul style="list-style-type: none"> - Require abstinence - Start active-stage treatment - Confront substance use or syptoms of mental illness - Punishing substance use or mental illness symptoms - Don't start group work at this point