

# Risk Management Worksheet (for deliberate and daily risk management)

FLW Form 661

A. Mission or Task Conduct Physical Training IAW FM 21-20; Push-Ups and Sit-Ups Improvement		B. Date/Time Group Begin: 100500May06 End: 100600May06		C. Date Prepared	
D. Prepared by: (Rank, Name) SSG Whoever					
E. Tasks	F. Hazards	G. Initial Risk	H. Control Measures	I. Residual Risk	J. How to Implement Controls
Conduct Physical Training IAW FM 21-20. Pushup and situp improvement.	Dehydration	Low	Soldiers will drink water before, during, and after PT session.	Low	Ensure Soldiers drink water before and after PT session; instructor and SGL supervised.
	Muscle Injuries	Low	Stretching exercises and rotations will be conducted IAW FM 21-20.	Low	Ensure Soldiers properly stretch before and after PT session; instructor and SGL supervised
	Hot/Cold Weather Injuries	Low	Soldiers will wear adequate clothing. Will conduct Physical Training inside if extremely cold.	Low	Ensure Soldiers wear appropriate uniform IAW AR 670-1; instructor and SGL supervised.
K. Overall Risk level after controls are implemented (circle one):			L. Approval: _____		
<b>Low</b> Battalion or Company Commander Approves <b>Moderate</b> Brigade Commander Approves <b>High</b> Installation Commander Approves <b>Extremely High</b> TRADOC Commander Approves					
M. Daily review of risk management worksheets conducted by: _____			O. Approval (only if review is higher level of risk than original risk): _____		
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