Name:	Date:	•

The Attachment Theory How Childhood Affects Life

As you watch the video take through notes in the boxes below.

Attachment Theory:			
Strong Bonds make children feel		Weak Bonds make children feel	
Securely Attached People:		Insecurely Attached People:	
Securely Attachment	Anxious-Ambivalent Attachment	Anxious-Avoidant Attachment	Anxious-Disorganized Attachment