

## Tudor Table Manners

There were many books published during Tudor times giving advice on how children and adults should behave at table. Have a look at some examples of Tudor "good manners" below.

Wash your hands before you eat.  
Keep your hands and nails clean.  
Cut your meat into small pieces.  
Don't clasp your legs.  
Don't throw your bones on the floor.  
Don't stuff your mouth.  
Don't pick your teeth.  
Don't make rude noises.  
Don't scratch yourself.  
Don't talk with your mouth full.  
Don't fall asleep at the table.  
Don't put your elbows on the table.  
Empty and wipe your mouth before  
drinking so that the communal cup  
doesn't get dirty.

What do you think are the most important good table manners today? Write your own list below.

