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Health Ed II- Lesson Plan

Sexuality (Refusal Skills)

Section A. (Overview)

-Background Information: 7th grade, 25 students, 40 minutes

-Rationale: Students will understand that responsible actions regarding sexual behavior impact the health of oneself and others. They will acquire knowledge enabling them to make educated decisions on becoming sexually active.

-Resources and Materials needed: Worksheets, predetermined scenario

-Reference/Source: Project TNT Teacher Guide, Jason Rosenberg (Elementary PE teacher)

-Anticipated Difficulties: discussion topic difficulties; may be difficult to get students engaged in topic, cooperation

Section B. (Standards, Objectives)

-NJCCC Standard:

CPI #	Cumulative Progress Indicator (CPI)
2.4.6.B.2	Summarize strategies to remain abstinent and resist pressures to become sexually active.
2.4.6.B.4	Predict the possible physical, social, and emotional impacts of adolescent decisions regarding sexual behavior.

-Student Lesson Outcomes:

Lesson Objective	Student Assessment
<u>Psychomotor</u> : Students will be able to demonstrate proper decision making on becoming sexually active and use many different types of refusal skills.	Students will be given a real-life scenario and must create a skit on how to remain abstinent.
<u>Cognitive</u> : Students will be able to	Students will discuss and complete