

5. Washing face

Two methods are described below, one with and one without a washcloth.

With washcloth

1. Checks for and gets needed items: soap, towel and washcloth.
2. Turns on faucet.
3. Tests water and adjusts temperature if necessary.
4. Picks up and wets washcloth.
5. Wets face.
Splashes water on or uses wet washcloth.
6. Gets soap and lathers the washcloth, adding water if needed.
Student may turn the faucet off or let the water run.
7. Cleans face with washcloth.
8. Rinses out washcloth.
9. Removes soap from face with washcloth or by splashing with water.
10. Dries hands and face.
11. Hangs up towel and washcloth.

Without washcloth

1. Checks for and gets needed items: soap, towel.
2. Turns on faucet.
3. Tests water and adjusts temperature if necessary.
4. Cups hands under faucet and splashes face.
A headband can be used to hold hair back.
5. Gets soap and lathers hands.
Puts bar soap back.
6. Lathers face.
7. Cups hands and rinses face.
8. Gets towel and dries face.
9. Hangs towel.

