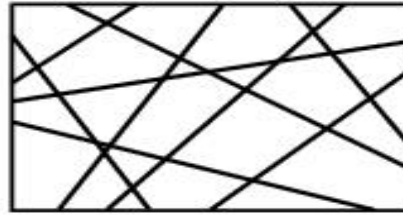


Name: _____ Date: _____
Class: _____ Teacher: _____

Learning About Nutrition

Complete the activity.



1. n i k a t e _____
2. l h a h t e _____
3. e w r t a _____
4. y e r e g n _____
5. i o p n r e t _____
6. e i d t _____
7. s v r c y u _____
8. v a i n i s t m _____
9. s o r n n u c m r i a t e t _____
10. r t p a s e p h c o i _____
11. r d c t b a r o a e s h y _____
12. i t s t r e n u n _____
13. s e n a i l m r _____
14. i r f b e _____
15. i c d m i e n e _____
16. s t a p n l _____
17. a g s r i n _____
18. l s a i t c e y m p h o h c _____
19. a i s x n t t a d i o n _____
20. e t m n o r c i r i u t n s _____

1. phytochemicals	6. scurvy	11. water	16. Hippocrates
2. nutrients	7. m a c r o n u t r i e n t s	12. a n t i o x i d a n t s	17. m e d i c i n e
3. diet	8. m i n e r a l s	13. c a r b o h y d r a t e s	18. m i c r o n u t r i e n t s
4. health	9. v i t a m i n s	14. p l a n t s	19. f i b e r
5. i n t a k e	10. p r o t e i n	15. g r a i n s	20. e n e r g y