



NCES
U.S. DEPARTMENT OF EDUCATION

Helping Children Cope With Loss, Grief, and Care After the September 11 Attacks

September 11, 2001, was a day that changed the lives of millions of people in the United States. It was a day that brought a sense of tragedy and loss to many people. The events of that day have had a profound impact on the lives of children and their families. This document provides information on how to help children cope with loss, grief, and care after the September 11 attacks.

Helping Children

Children who were directly involved in the September 11 attacks, or who knew someone who was, may be experiencing a range of emotions. It is important to help them understand their feelings and provide them with the support they need. This document provides information on how to help children cope with loss, grief, and care after the September 11 attacks.

1. **Recognize and validate children's feelings.** Children who were directly involved in the September 11 attacks, or who knew someone who was, may be experiencing a range of emotions. It is important to help them understand their feelings and provide them with the support they need.
2. **Provide emotional support.** Children who were directly involved in the September 11 attacks, or who knew someone who was, may be experiencing a range of emotions. It is important to help them understand their feelings and provide them with the support they need.
3. **Encourage children to express their feelings.** Children who were directly involved in the September 11 attacks, or who knew someone who was, may be experiencing a range of emotions. It is important to help them understand their feelings and provide them with the support they need.
4. **Provide information and resources.** Children who were directly involved in the September 11 attacks, or who knew someone who was, may be experiencing a range of emotions. It is important to help them understand their feelings and provide them with the support they need.

Helping Children's

Teachers and other professionals who work with children who were directly involved in the September 11 attacks, or who knew someone who was, may be experiencing a range of emotions. It is important to help them understand their feelings and provide them with the support they need.

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