

How to live forever: 8 golden rules

Rule 1 Don't live in Iceland. With long dark winters, sub-zero temperatures and active volcanoes, it has the (a) _____ suicide rate. Move to Palm Beach, Florida, where you have a (b) _____ chance of living to be over 100-like the rest of the residents.

Rule 2 Don't go to Johannesburg. It's the murder capital of the world. Statistically, it's (c) _____ dangerous than Sao Paulo or New York. Africa is a (d) _____ but try not to breathe. The pollution's (e) _____ than in Mexico City.

Rule 3 Don't get sick in Equatorial Guinea. There's only one doctor to every 70,000 patients and no anaesthetic. If you have to be ill, be ill in Kuwait. It has (f) _____ death rate in the world. Only 3.1 people per thousand die annually (g) _____ 11.2 in Britain.

Rule 4 If you're a man, think of becoming a woman. On average, women live (h) _____ than men. If you're a woman, stay single. Crime figures show women are (i) _____ to be killed by their partner than anyone else.