

**Grocery Shopping Week of Nov 4, 2011**

<u>Store</u>	<u>Item</u>	<u>Need?</u>	<u>Want?</u>	<u>Luxury?</u>	<u>% of Budget</u>	<u>In Alignment</u>
<b>Local</b>	5 lbs burger	\$ 20.00				
	2 lbs stew meat	\$ 8.00				
	PIZZA ...that's local right?			\$ 5.00		
	milk	\$ 2.50				
	<b>Local Businesses:</b>	\$ 30.50	\$ -	\$ 5.00	36%	
<b>Safeway</b>	Yuban coffee	\$ 9.99				
	butter	\$ 3.49				
	bananas	\$ 1.71				
	bananas	\$ 1.59				
	avocados	\$ 3.00				
	brussel sprouts (fresh)	\$ 0.70				
	organic romain hearts	\$ 3.49				
	1 lb organic carrots	\$ 1.09				
	<b>Safeway:</b>	\$ 25.06	\$ -	\$ -	25%	
<b>Robb's</b> dented can store	cashews	\$ 4.00				
	salsa	\$ 1.60				
	BBQ sauce	\$ 1.60				
	mustard	\$ 1.10				
	season salt		\$ 2.00			
	dill relish	\$ 1.10				
	<b>Robb's:</b>	\$ 9.40	\$ 2.00	\$ -	11%	
<b>Walmart</b>	cream	\$ 1.98				
	canned potatoes	\$ 1.96				
	sour cream	\$ 1.98				
	beef broth	\$ 1.96				
	<b>Total at Walmart:</b>	\$ 7.88	\$ -	\$ -	8%	
<b>Total of All Stores:</b>		\$ 72.84	\$ 2.00	\$ 5.00	80%	
<b>Grand Total of All Items:</b>		\$ 79.84				