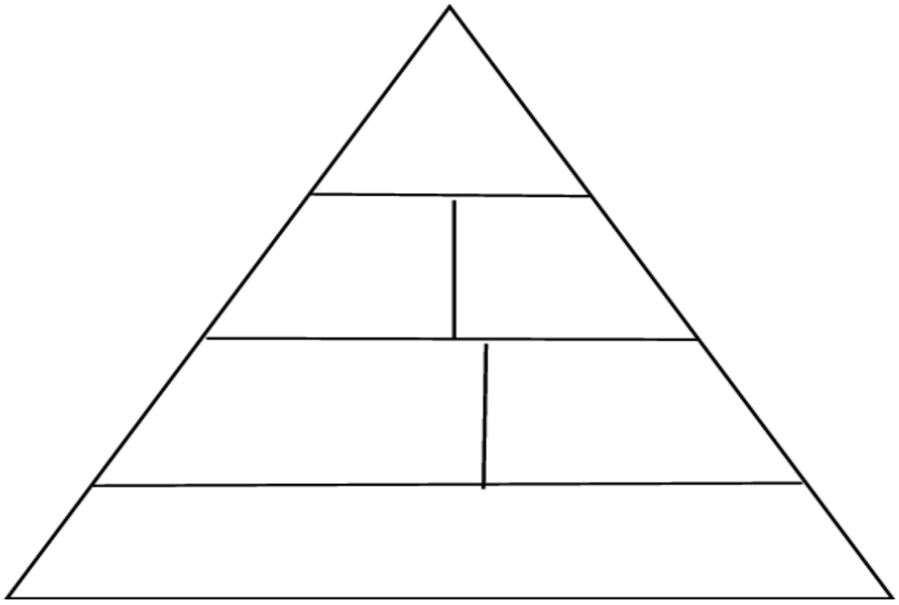Blank Food Guide Pyramid