Name _____ SCHOLASTIC

The five Ks

Sikhs wear the five Ks as a symbol of their faith. The symbols remind them of their religious duties. They are called the five Ks because each one begins with 'K' in the Punjabi language.

Discussion points
Discuss the following points in a group. Appoint someone to take notes so that you can report back the main points of your discussion to your teacher.

1. Do you wear a badge, a tie or any other items of clothing to show that you belong to a club, for example brownies, cubs or scouts? If so, why do you wear it? What does it mean to you?

2. Does the club or organisation that you belong to have rules that you need to obey? Do you feel committed to observing those rules?

3. Can you think of other groups of people who wear a uniform?

4. Why do people wear uniforms?

5. What difficulties might a young Sikh face in wearing the five Ks? What are the advantages?

scholastic resources

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