

Setting Life Goals - Goal Setting Worksheet			
	SHORT TERM - < 1 YEAR	MEDIUM - 1 to 5 YEARS TERM	LONG TERM - > 5 YEARS
Spiritual	Type your goals in the individual areas of this spreadsheet and then you may print the spreadsheet.		
Family			
Emotional			
Financial		Type your goals in the individual areas of this spreadsheet and then you may print the spreadsheet.	
Career			
Physical			
Social			Type your goals in the individual areas of this spreadsheet and then you may print the spreadsheet.