

NET WORTH TRACKING SHEET

ASSETS (what you own)		DATE:	Start	30 Days	60 Days	90 Days
			//___	_/_/___	_/_/___	_/_/___
CASH & LIQUID ASSETS	Cash & bank accounts					
	Bonds, term deposits and investment certificates					
	Money owed to you					
	Other					
MARKETABLE ASSETS	Mutual Funds					
	Stocks					
	Real Estate Investments					
	Business interests					
	Other					
LONG-TERM ASSETS	Registered Retirement Savings Plan					
	Cash value of life insurance					
	Pension plans & profit sharing					
	Other (Offshore, etc.)					
PERSONAL ASSETS	Personal residence					
	Recreational property					
	Vehicles					
	Recreational equipment					
	Household furnishings & equipment					
	Collectibles (art, stamps, coins, jewelry, etc.)					
	Other					
TOTAL ASSETS						
LIABILITIES (what you owe)						
SHORT-TERM DEBT	Charge accounts & credit cards					
	Line of credit/overdraft					
	Loans (car loan, etc.)					
	Unpaid bills					
	Taxes (Income tax or property tax owing)					
	Other (Charitable pledges, family obligations etc.)					
LONG-TERM DEBT	Home mortgage					
	Other mortgage loans					
	Other					
TOTAL LIABILITIES						
NET WORTH (TOTAL ASSETS minus TOTAL LIABILITIES)						