

Name _____

Date _____

READ THE BIBLE

"But this delight is in the law of the Lord, and on His law He meditates day and night"
- Psalm 1: 2 ESC -



Overview

Reading God's word in the Bible is essential for spiritual growth. Many pastors say that reading the Bible is the #1 way to grow spiritually. God's word is our daily bread and is one of the primary ways God speaks to us. When we read the Bible, we learn more about who we are in return. We learn the promises of God and we allow the Holy Spirit to speak to us when we meditate on God's word.

Example Goals

- Read the Bible for at least 30 minutes each day.
- Commit to a bible study or bible plan to read each day.
- Meditate and memorize 1 bible verse each week.
- Read a Psalm and Proverbs chapter each night before bed.
- Listen to the audio Bible on the way to work each day.
- Read a devotional book for 5 minutes each morning.

Describe what you are currently doing in this area:

Describe what you want to do differently in this area & define any new goals:

