

5. Kids ... Clothes ... Compromise!

At a Glance. . .

Family conflicts over clothing often start when youth enter their pre-teen years. Many times the conflict is not about clothing. The real issue is often about independence and control. Learning to put the issue in perspective can help keep family conflicts over clothing to a minimum.

Time Required

1 ½ hours for activity and discussion.

Core Concepts

- Experimenting with fashion and clothing is a normal stage of youth development.
- Peers are a significant influence on clothing choices for youth and adults.
- Parenting styles influence the management of conflict within families.

Objectives

- Learners will understand family clothing conflicts between youth and parents.
- Learners will gain skills for keeping clothing conflicts to a minimum.

Materials

- ❑ Flip chart and marker
- ❑ Overhead projector and screen
- ❑ Clothing for "Trading Places" activity
- ❑ "What Would You Do?" instructions (A-5-a)
- ❑ "Is the Battle Worth Fighting?" handout (A-5-b)
- ❑ "Clothing Compromises" handout (A-5-c)
- ❑ "Big Ideas About Parent-Teen Conflict" transparency (A-5-d)
- ❑ "My Mom Tells Me..." transparency (A-5-e)

Lesson Overview

- Ice Breaker
- Facilitator's Script
- Activity 1: "Then and Now"
- Activity 2: "Trading Places"
- Activity 3: "What Would You Do?"
- Final Thoughts: "Big Ideas About Parent-Teen Conflict"