

## **5<sup>th</sup> Grade Human Growth and Development Lessons**

**\*\*Boys and girls will be split for lessons indicated with a \*\*.**

**May 10th- Day 1- Introductory Activity-** helps introduce the unit, helps students feel comfortable with class material. Use milk in a bowl. Students ask appropriate questions they may have about growing up. After they ask a question, they are allowed to drop some food coloring into the bowl. At the end of the lesson the bowl is a mess, and I as a teacher drop in soap which clears up the mess. This represents their fears/questions about this subject in school and that as a teacher/staff we will try give them the right answers or direct them to someone who can help and hopefully clear up their confusion and fears.

**May 11th-Day 2- Families-** roles and behaviors. Balloon activity- in groups of 4 or 5, students are given jobs as a part of the body (head, hands or feet.) They are then given a balloon and asked to blow it up, tie it and pop it using only those body parts-working together. Following the lesson we focus discussion on how this game was like a family. We assign a worksheet and try to complete it together in class.

**May 14th-Day 3- Values-** auction type activity to demonstrate the importance of certain items in society and to demonstrate the importance of values when growing up. Envelopes decorated in different ways to "auction" off. Students are given a list of sample values and play money to bargain with. Following auction students who have "won" an envelope read what the message is inside the envelope. Messages represent relationships with other people and how they may treat others. The lesson is supposed to show what the students are willing to give up in order to have or buy something (values).

**May 15<sup>th</sup> and May 16th- Day 4,5- Media** and it's influences on us as we grow up. In groups of 4 or 5, students review media examples (internet sites: [www.bam.gov](http://www.bam.gov), [www.pbskids.org](http://www.pbskids.org), TV commercials recorded from TV, and magazine ads ). In their groups the students are to fill out a worksheet answering questions about the messages and techniques that advertisers use to send us messages about their products and how it may affect our decisions when growing up.

**May 17th- Day 6- Story of me-** Students will be introduced to reproduction and human development in the context of a self-esteem building activity. The lesson begins with the students' own development from conception. Introducing the concepts of fertilization and reproduction as their "beginning" story eases students into information contained in later lessons when they will be split up. Students are asked to bring in 2 pictures of themselves, one baby picture and one as recent as possible (wallet size). We complete a worksheet in class using their pictures to show how much they have changed already. We then put them up in the classroom as a display for a few days.

**May 18th- Day 7- Hygiene/Future Story of Me-** Encourages the students to begin using "best practices" for hygiene as they begin this new phase in their lives. Worksheet used for the students to take home and post in the bathroom or their bedroom to "chart" their course for 2 weeks or so. Also continue with the creating of a picture of what students