

A healthy meal

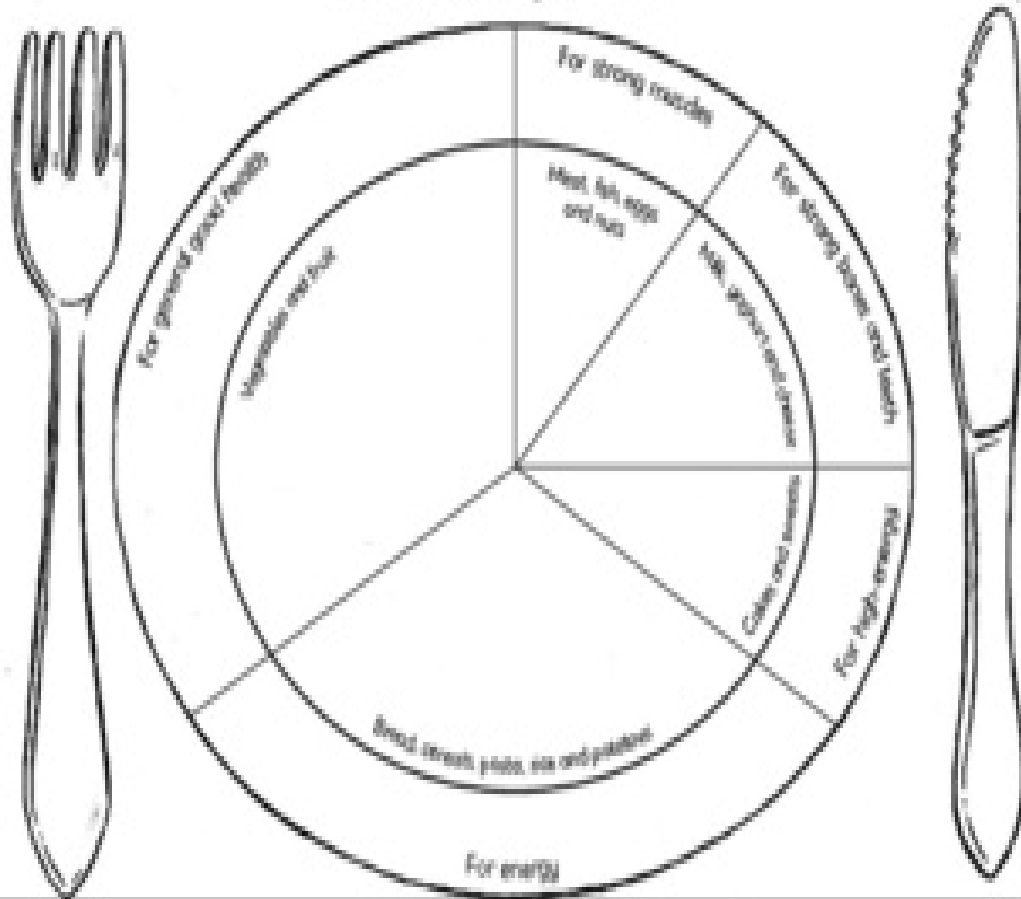


Illustration of a fork and knife by Scholastic Education Ltd.