

PRE-PLANNING WORKSHEET

A meeting (called a *Person-Centered Planning Meeting*) needs to take place to talk about what you want to work on, to explore different options with you, to consider how you and others could help in improving your mental health, and to decide what services would be helpful. The following information will help us get ready for that meeting.

My dreams and desires for the future are:

At my Person-Centered Planning meeting, I **want** to talk about:

At my Person-Centered Planning meeting, I **do not want** to talk about:

Are there any health & safety issues you would like to talk about at your Planning meeting?

*I understand that I may need to privately discuss (with my case manager or supports coordinator) things that put my health or safety at risk.

I would like to **invite** these people to my Planning meeting:

I **do not want** these people at my Planning meeting:

I would like my planning meeting to be held at (location): _____

on(date): _____ at (time): _____

I understand that I may have a person of my choice (including an independent facilitator) help run my Planning meeting.

I would like _____ to help run my Planning meeting.

I would like _____ to take written notes at my Planning meeting.

Additional Comments:

I have received information about the Person-Centered Planning process including choices for meeting facilitation.
Yes No

Consumer's signature _____ date: _____

Consumer chose not to complete this form.

Information on consumer preferences for service planning was collected in the following alternative manner and/ or is found: _____

Staff signature _____ date: _____