

## Substance Abuse Treatment: Group Therapy

### Multiple Choice

Identify the choice that best completes the statement or answers the question.

- \_\_\_\_\_ 1. **Chapter 1**  
This natural propensity in humans makes group therapy a powerful therapeutic tool for treating substance abuse.
- |                           |                                    |
|---------------------------|------------------------------------|
| A. to support one another | C. to join a cause                 |
| B. to congregate          | D. to seek out therapy when needed |
- \_\_\_\_\_ 2. Groups provide positive peer support and pressure to abstain from substances of abuse.
- |         |          |
|---------|----------|
| A. True | B. False |
|---------|----------|
- \_\_\_\_\_ 3. Group therapy is equivalent to 12-step program practices.
- |         |          |
|---------|----------|
| A. True | B. False |
|---------|----------|
- \_\_\_\_\_ 4. Ineffective substance abuse group therapy can be related to two problems primarily:
- |   |   |
|---|---|
| A. lack of group cooperation or an unskilled therapist                                | C. a poor attitude on the part of the therapist or poor academic training   |
| B. lack of clinical supervision or applying the wrong modality for this type of group | D. lack of effective group therapy training or the use of a group therapy model that is inadequate for the chemically dependent |
- \_\_\_\_\_ 5. For the most part, group therapy has been based on a model derived from inpatient therapy for clients whose problems may or may not include substance abuse.
- |         |          |
|---------|----------|
| A. True | B. False |
|---------|----------|
- \_\_\_\_\_ 6. **Chapter 2**  
The primary way to define the types of groups that are used in substance abuse treatment is by a combination of:
- |                                  |   |
|----------------------------------|---|
| A. group goals and methodology   | C. the primary substance of abuse and methodology |
| B. gender makeup and group goals | D. None of the above                              |
- \_\_\_\_\_ 7. This TIP manual discusses 5 types of group models that are effective for substance abuse treatment. Which of the following is **NOT** one of the 5.
- |                              |                              |
|------------------------------|------------------------------|
| A. psycho-educational groups | C. relapse prevention groups |
| B. skills development groups | D. support groups            |