

Spending Log

Directions: Group your purchases into categories using the keys listed below. Find the weekly total for each category and write that amount in the space provided. Be sure to add everything. Complete the chart weekly and compare categories weekly.

Category	Amount spent
Food/Drinks/Alcohol	_____
Gas/Travel	_____
entertainment/hobbies	_____
clothing/shoes	_____
home eq/property items	_____
services	_____
jewelry	_____
video/computer/games	_____
school supplies	_____
books/magazines	_____
other things _____	_____

1. What was the total amount of money you spent this week?

2. What was the total amount of your income this week? What was your starting balance?

3. If you were to average the amount spent over the course of one year, how much would your total expenses be?

4. What did you learn about your spending habits from tracking your weekly purchases and income? Analyze & describe?

5. What would you like to change about your spending habits?

