

# Food groups



- 1 MEAT
- 2 OIL
- 3 VEGETABLES
- 4 MILK
- 5 BREAD
- 6 EGG
- 7 SUGAR
- 8 BUTTER
- 9 FISH
- 10 CEREAL
- 11 NUTS
- 12 LEGUMES
- 13 VEGETABLE
- 14 SUGAR
- 15 BUTTER
- 16 FLOUR
- 17 EGG
- 18 MILK


