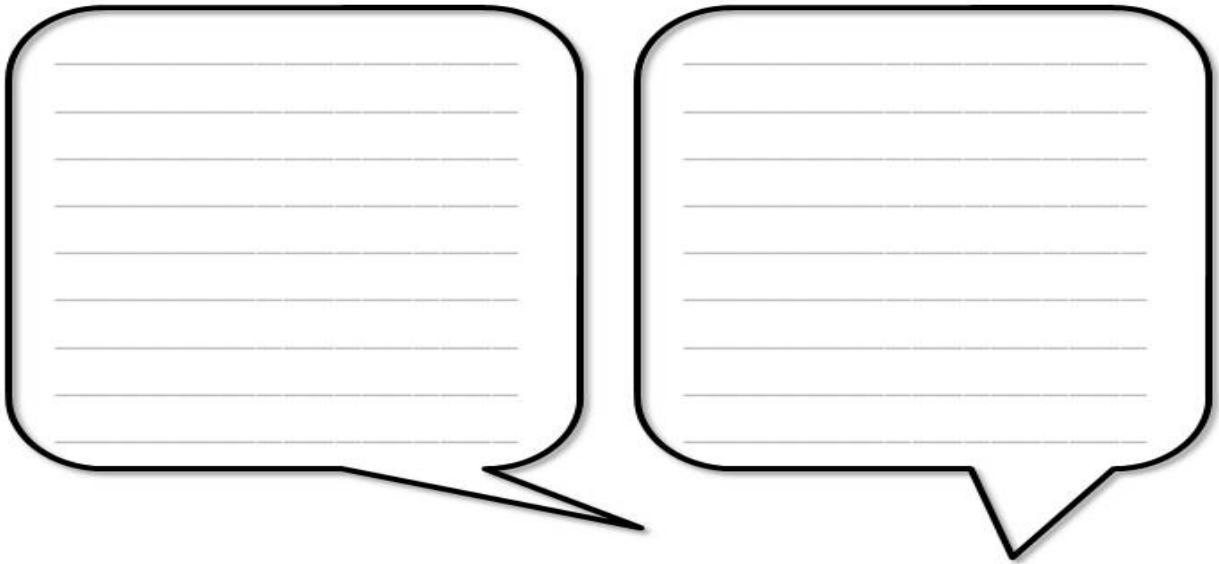


Name: \_\_\_\_\_

3. When I felt DISAPPOINTED, I SAID these things:



4. While I was disappointed, here is what I DID.

(Did it make it worse, or better?)

