

Inter-Act, 11th edition, Communication Improvement Plan Worksheets

**CHAPTER ONE: None
CHAPTER TWO**

Communication Improvement Plan: Perception

Would you like to improve your use of the following aspects of forming and using social perception discussed in this chapter?

- Forming self-concepts
- Developing and maintaining self-esteem
- Presenting self
- Perception checking

Pick one of the above and write a communication improvement plan.

Skill: _____

Problem: _____

Goal: _____

Procedure:

1. _____

2. _____

3. _____

Test of Achieving Goal: _____
