

# Plants are yummy!

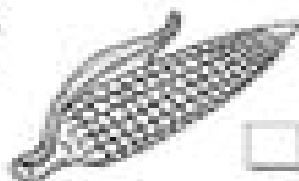
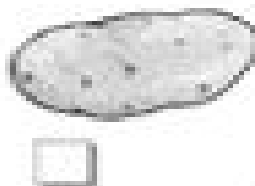
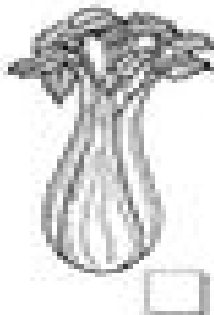
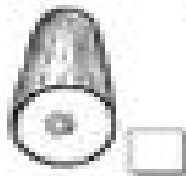
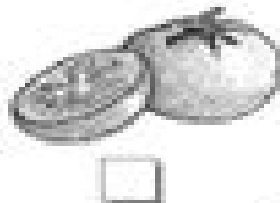
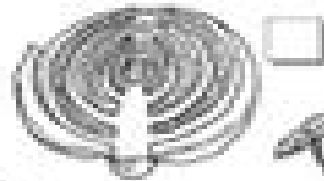
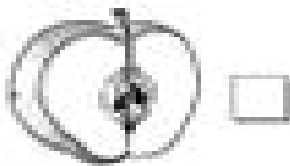


## Observation

Fruits and vegetables are plants that we eat. Fruits are made by flowers. Seeds are made by fruits. Seeds can be found inside of the fruit. Most vegetables are the leaves, stems, or roots of a plant.

## Science activity

Sort these foods into vegetables and fruits. Write **F** for a fruit and **V** for a vegetable in the box beside each one.



## Science exploration

Make a salad using some of these fruit and vegetables.

