

PRE-DOCTORAL PSYCHOLOGY INTERNSHIP

**Accredited by
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**HUMAN SERVICES, INC. IN WASHINGTON COUNTY
OAKDALE, MINNESOTA
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INTRODUCTION:

Human Services, Inc. in Washington County is a private, non-profit corporation that has been providing services to the residents of Washington County since 1969. Human Services, Inc. (HSI) was formed through the efforts of a citizens' board and continues to be led by a Board of Directors who are citizens of Washington County. The 2006 Annual Budget was approximately \$15M.

Washington County is in the eastern section of the metropolitan area of St. Paul and Minneapolis. The county is approximately 45 miles long and 15 miles wide. It extends from suburban St. Paul on the west to the St. Croix River on the east, and from Forest Lake in the north and Hastings in the south. Washington County encompasses suburban communities, as well as rural and small-town areas. Stillwater is the county seat. Other major population centers in the county include Cottage Grove, Forest Lake, Oakdale, and Woodbury. The population of the county, which currently is approximately 210,000, includes the full range of socioeconomic classes. In the 2000 census, approximately six percent of residents were non-white. This low level of ethnic diversity is changing steadily as the population grows and becomes less rural. HSI is committed to enhancing the health and access to treatment for diverse populations in the county, including having a special outreach project for the county's Latino population. HSI is also committed to training diverse psychology interns. In the past ten years, a third of our interns have been from ethnic, cultural, or other minority groups.

The main office for HSI is located in suburban Oakdale, approximately 15 minutes from downtown St. Paul. The facilities were constructed in 1980 and include the main administration offices, large modern therapy offices, a day treatment program, a large community room for public meetings, video tape equipment, and observation rooms. An extension to the building was completed in 1996; this space houses HSI's adolescent day treatment program, and includes classrooms and a gymnasium, as well as additional office and meeting rooms. A medical office building purchased and refurbished by HSI in Stillwater is the central office for the Chemical Health Division, Children's Services, and a mental health outpatient clinic. In 2002, HSI opened a second adolescent day treatment program at another facility in Stillwater, and began a third in 2003. HSI also maintains branch offices in Cottage Grove and Forest Lake so that residents of