REVIEW OF HARMS OTHER THAN SEXUAL "SELF"

	COLUMN 1	COLUMN 2	COLUMN 3									COLUMN 4			
			AFFECTS MY (What part of self caused the hurt?)									What is the exact nature of my wrongs, faults, mistakes, defects, shortcomings			
			Social Instinct		Security Instinct		Sex Instinct		Ambitions						
	Who did I hurt?	What did I do?	Self-Esteem	Personal Relationships	Material	Emotional	Acceptable Sex Relations	Hidden Sex Relations	Social	Security	Sexual	Selfish	Dishonest	Self-seeking & frightened	Inconsiderate
1															
2															
3															
4															
5															
6															
7															
8															