

### **My Mouth is a Volcano!**

**Goal:** The students will understand the classroom expectations regarding raising their hands and not speaking out.

**Va. School Counseling Standards:**

**EA1:** Understand the expectations of the educational environment.

**EA6:** Use appropriate communication skills to ask for help when needed.

**EP1:** Exhibit the principles of character, including honesty, trustworthiness, respect for the rights and property of others, respect for rules and laws, taking responsibility for one's own actions, fairness, caring, and citizenship.

**EP4:** Demonstrate good manners and respectful behavior towards others.

**EP5:** Demonstrate self-discipline and self-reliance.

**Materials:**

"My Mouth is a Volcano!" Book

Bulletin Board Paper (white)

Paper (one per student)

Crayons

Glue

Marker

**Time:** 1 Class Period

**Procedure:**

- Start off by introducing the book to the class and reading them the story.
- Discuss different ways to communicate appropriately in the educational environment, brainstorming these ways as a class.
- Discuss how interrupting people, especially teachers, when they are talking is very rude, and how we need to learn how to control this behavior. Go over the plan that Louis's mom gave him to help control his volcanic mouth, and practice this as a class.
- Distribute one piece of paper per student and have them draw their very own volcano. Discuss what colors volcanoes normally are, and what one looks like. When they are done creating their very own volcano, have them cut it out, write their name on it, and glue it onto the bulletin board paper, where the outline of a big volcano has been drawn.
- On the bulletin board paper write "My Mouth is a Volcano!" in big letters at the top, and then down the side write Louis's plan for controlling his volcanic mouth. Put this paper in the hallway for everyone to see!
- Wrap – up!

**Evaluation:** The class discussion and brainstorm will evaluate what was learned in this lesson. Also the student's concept of a "volcanic mouth" will evaluate their understanding of the story.