



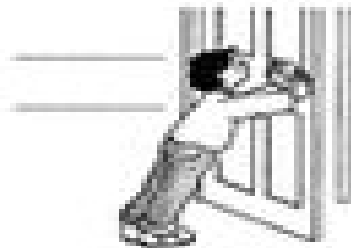
Being forceful

Observations

Pushes and pulls are forces. When you push or pull something, you can make it start or stop moving.

Science activity

Look at each picture. Is the child in each picture using a pushing force or a pulling force? Write **push** or **pull** on the first line. Does the force cause something to start or stop moving? Write **start** or **stop** on the second line.



Science exploration

Play tag-of-war with a friend. Are you pushing or pulling? Kick a soccer ball. What type of force will stop the ball?

