

## Learning Anger Control

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Students will be learning anger control and how to deal with anger. They will be learning how to deal with anger and how to deal with anger. They will be learning how to deal with anger and how to deal with anger. They will be learning how to deal with anger and how to deal with anger.

The first step in anger control is to identify the anger. The anger can be caused by many things, such as frustration, disappointment, or anger. The anger can be caused by many things, such as frustration, disappointment, or anger. The anger can be caused by many things, such as frustration, disappointment, or anger. The anger can be caused by many things, such as frustration, disappointment, or anger.

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**Goal:** Students will be able to identify and deal with anger in a healthy way.

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