

## Weekly Menu Plan: October 4-10, 2010

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		10/4/10 Playgroup	10/5/10 Bulk Cooking Day	10/6/10 Farm Pick-up	10/7/10 Crockpot Day	10/8/10 Baking Day	10/9/10	10/10/10 BBQ
<b>Breakfast</b>		Zucchini Bread Juice	Cereal Juice	Yogurt Juice	Blueberry Pancakes Juice	Yogurt Juice	Pancakes Juice	Cereal Juice
<b>Lunch</b>	Sieve	Chicken Noodle Soup	BBQ Chicken Baked Potato	Grilled Chicken Baked Potato	Grilled Chicken Baked Potato	Pulled Pork Baked Potato	Chicken Noodle Soup	Cold Fried Chicken
	Kids	PB&J Apple Sauce Milk	Grilled Cheese Carrots & Ranch Milk	Ham & Cheese Puff Veggies & Ranch Milk	Tuna Melts Apple Sauce Milk	Cheese & Crackers Veggies & Ranch Milk	Grilled Cheese Sliced Pears Milk	PB&J Apple Sauce Milk
	Stephanie	French Onion Soup	Grilled Cheese	Ham & Cheese Puff	Tuna Melt	Pulled Pork Sandwich	Sausage & Kale Soup	Cold Fried Chicken
<b>Dinner</b>		BBQ Chicken Quesadillas Grilled Corn  Alt: BBQ Chicken w/o the quesadilla	Grilled Chicken Breast Potato Packets Mixed Vegetables  Grill Extra Chicken for Salads & for Freezing	Pancakes Bacon Oranges	BBQ Pulled Pork Cole Slaw FF Hamburger Buns	Chicken Noodle Soup or Sausage & Kale Soup	Leftovers	Smoked Brisket Pulled Pork Lemon Chicken Cupcakes  <i>Sides provided by guests</i>