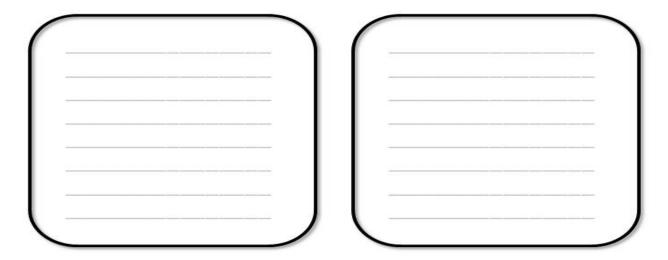
3. When I felt ______, I DID these things:



4. While I felt ______ here is what I SAID.

