

Name:

Date:

Nutrition

Unscramble the words. Find the correctly spelled words in the word search.

Nutrients
Carbohydrates
Proteins
Fats
Vitamins
Minerals
Glycogen
Water
Beads
Mats
Butter
Vegetables
Seal
Iron
Calcium
Sodium
Lactose

Words are in straight lines, moving along a spiral arm.

This word search will take about 19 minutes.

