

Glucose: 100 mg/dL

| Nutritional Facts | | | |
|--|------|-----|--|
| Serving Size: 100g | | | |
| Amount Per Serving | | | |
| Total Fat | 10g | 20% | |
| Total Carbohydrate | 100g | 20% | |
| Total Protein | 10g | 20% | |
| % Daily Value* | | | |
| *Percent Daily Values are based on a diet of other people's secrets. | | | |

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Check the nutritional facts for cholesterol, triglycerides, and glucose levels. These are the most important nutrients to monitor in your diet.