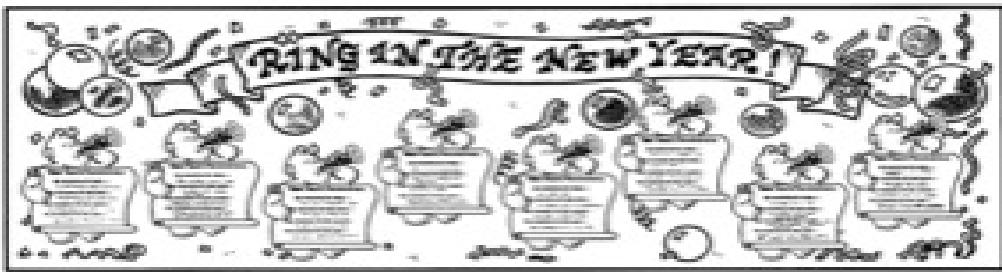


# JANUARY

## NEW YEAR'S RESOLUTIONS

Help students develop a step-by-step plan for fostering positive changes in their lives.



### Materials

- Baby New Year template (page 27)
- scissors
- colored pencils or markers

throughout the year. If they'd like, students can come up with a resolution that is not on this class-generated list.

### Conducting the Activity

- Discuss with your students how each new year brings with it a sense of renewal, of rebirth—a time to reflect on the past and make plans for the future.
- Distribute copies of the Baby New Year template to students and ask them to color it.
- Have the class brainstorm a list of resolutions, both easy and hard. From this list they should choose a resolution that they will adopt over the course of that day, in the coming week, during that month, and

- Ask students to write their resolutions on the scroll that Baby New Year is holding.

### Creating the Bulletin Board

- Hang the resolutions on a bulletin board and add a banner that reads Ring in the New Year!



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