

## Unit Four Worksheet - Chapters 8 (pg's 247 – 249), 11, 12 & 13

### Multiple Choice

Identify the choice that best completes the statement or answers the question.

- \_\_\_ 1. A person with self-esteem would demonstrate which of the following attributes?
- insecurity and self-doubt
  - vanity and preoccupation with own needs
  - genuine concern and respect for themselves
  - feeling of responsibility for partner's happiness
- \_\_\_ 2. When spouses, parents, and friends enable their loved ones to continue their self-destructive behaviors, they are known as:
- disruptive.
  - codependent.
  - predisposed.
  - dissociative.
- \_\_\_ 3. The style of enabling in which codependents may cover up for abusers is known as:
- shielding.
  - controlling.
  - rationalizing.
  - rescuing.
- \_\_\_ 4. Enabling includes all of the following EXCEPT:
- shielding.
  - controlling.
  - rationalizing.
  - blaming.
- \_\_\_ 5. The style of enabling in which a codependent may try to control the significant other is called:
- shielding.
  - controlling.
  - rationalizing.
  - rescuing.
- \_\_\_ 6. All of the following are considered one drink EXCEPT:
- 12 ounces of beer.
  - 2  $\frac{1}{2}$  ounces of fortified wine.
  - 4 ounces of table wine.
  - 2 ounces of vodka.
- \_\_\_ 7. A bottle of 100-proof bourbon is what percent alcohol?
- 40%
  - 50%
  - 80%
  - 100%
- \_\_\_ 8. Explain what is meant by blood alcohol concentration:
- your blood type.
  - the percentage of alcohol in the blood.
  - the type of alcohol you consumed.
  - the rate at which you metabolize alcohol.