

Grade 4  
Language Arts  
Reading Comprehension



**Standard 2.1**

Identify structural patterns found in informational text (e.g., compare and contrast, cause and effect, sequential or chronological order, proposition and support) to strengthen comprehension.

Name \_\_\_\_\_

Date \_\_\_\_\_

**Assessment**

Directions: Read the passage. Then read each question and fill in the circle beside the best answer.

There are several reasons why Mary is in excellent health. For one thing, she is very healthy because she does not eat a lot of fast food. In the cafeteria, she always finishes the fruits and vegetables on her tray. She loves to eat them because of their delicious flavors and vitamins. Her excellent condition is also a result of daily exercise. She is on the swim team and practices five days a week. At recess she chooses to play basketball or soccer, so she really gets her heart pumping! She has more energy all day long as a result of her healthy eating and exercise.

1. **What is one cause of Mary's good health?**
  - A. She eats a lot of fast food.
  - B. She plays marbles every day.
  - C. She exercises daily.
  - D. She reads many good books.
  
2. **What causes Mary to eat her fruits and vegetables?**
  - A. The cafeteria workers make her.
  - B. She loves their flavor and the vitamins.
  - C. Her mom won't give her allowance unless she eats them.
  - D. There is no other food in the cafeteria.
  
3. **What is the effect of the games that Mary chooses to play at recess?**
  - A. She really gets her heart pumping.
  - B. She sweats a lot.
  - C. She makes many new friends.
  - D. She beats all the boys and makes them mad.
  
4. **What is the result of all of Mary's exercise?**
  - A. She has beautiful skin.
  - B. She is a happy girl.
  - C. She is the best swimmer on her team.
  - D. She has a lot of energy all day long.