

Unit Four Worksheet - Chapters 8 (pg's 247 – 249), 11, 12 & 13

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- ___ 1. A person with self-esteem would demonstrate which of the following attributes?
- insecurity and self-doubt
 - vanity and preoccupation with own needs
 - genuine concern and respect for themselves
 - feeling of responsibility for partner's happiness
- ___ 2. When spouses, parents, and friends enable their loved ones to continue their self-destructive behaviors, they are known as:
- disruptive.
 - codependent.
 - predisposed.
 - dissociative.
- ___ 3. The style of enabling in which codependents may cover up for abusers is known as:
- shielding.
 - controlling.
 - rationalizing.
 - rescuing.
- ___ 4. Enabling includes all of the following EXCEPT:
- shielding.
 - controlling.
 - rationalizing.
 - blaming.
- ___ 5. The style of enabling in which a codependent may try to control the significant other is called:
- shielding.
 - controlling.
 - rationalizing.
 - rescuing.
- ___ 6. All of the following are considered one drink EXCEPT:
- 12 ounces of beer.
 - 2 $\frac{1}{2}$ ounces of fortified wine.
 - 4 ounces of table wine.
 - 2 ounces of vodka.
- ___ 7. A bottle of 100-proof bourbon is what percent alcohol?
- 40%
 - 50%
 - 80%
 - 100%
- ___ 8. Explain what is meant by blood alcohol concentration:
- your blood type.
 - the percentage of alcohol in the blood.
 - the type of alcohol you consumed.
 - the rate at which you metabolize alcohol.