

# Behavior Reflections

**Reasons for My Behavior**

Name \_\_\_\_\_

Date \_\_\_\_\_

**Consequences of My Behavior**

How do I feel?

How has my behavior affected others?

Other Consequence(s)

**Description of My Behavior**

Plan for Improvement \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Student \_\_\_\_\_

Teacher \_\_\_\_\_

Parent \_\_\_\_\_