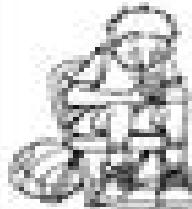


# Dealing With Losing



Every person or team who plays games, no matter how good they are, will at some point lose. Nobody can win every time. For every winner there is a loser. If you were to win every game you played it wouldn't be fun for those playing with you. Nobody would want to play with you anymore.

What are some games you can play that at the end there is a winner and a loser? \_\_\_\_\_

Winning and losing can bring out a variety of emotions. Emotions are how we feel. Look at each of the words below. Circle the words that show how they can make a person feel.

Winning - Pride   Sad   Happy   Mad   Failure   Confident

Losing - Successful   Alone   Excited   Horrible   Depressed

How do you feel when you win? \_\_\_\_\_

How do you feel when you lose? \_\_\_\_\_

## Being a Good Sport

Have you ever heard the terms "poor loser" or "poor sport"? Those are terms used for someone who doesn't handle losing very well. Look at each picture below. These are all pictures of people with poor sportsmanship skills. What are they doing that is wrong?



a. _____
b. _____
c. _____

While it is ok to be a little sad and disappointed for losing, being a good sport means you should be happy for the person who won. What can we do when we lose to show good sportsmanship?



Kids are meant to be kids! Don't make them by being a poor sport!

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