

Name: _____

Date: _____

Journal Writing (Grades 5-6)

Writing in a journal can help you solve problems, or it can be a means of creative expression. It's a way to explore ideas, learn more about yourself, or record your experiences.

The following questions will help you think of topics to write about. Answer the questions below. When you are finished, share something of your own creation with your journal.

Who did you talk to today? What did you talk about?

What new thing did you learn today?

What new experiences did you have today?

How do you feel today? Has anything made you happy or sad?

What else would you like to tell your journal?

