

**PHYSICAL RESTRAINTS
WORKSHEET A**

NOTICE OF EMERGENCY USE OF PHYSICAL RESTRAINT
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STUDENT NAME: _____ DATE OF INCIDENT: _____
GRADE: _____ TIME OF INCIDENT: _____
SCHOOL: _____
TEACHER: _____

Identify the restraint(s) used:

- Physical Restraint** – *“Physical restraint” means the use of physical contact to limit a person’s movement or hold a person immobile.*
Identify Restraint:

Emergency Use of Physical Restraint(s)

1. The restraint was used in an emergency situation:

- a) Immediate intervention was necessary to protect physical safety of:
 self others
- b) Immediate intervention was necessary to protect against an immediate threat of severe property damage.

-and-

2. the physical restraint was used only for the period that was necessary to contain the behavior of the student so that the student was no longer an immediate threat of causing physical injury to self or others or causing severe property damage

-and-

3. the use of force in the application of physical restraint did not exceed the force that was reasonable and necessary under the circumstances precipitating the use of physical restraint