

RISK MANAGEMENT WORKSHEET

1. Organization and Unit Location: Operational Protection Directorate, CBRN, Eighth United States Army, Yongson South Korea					2. Page	1	of	2			
3. Mission/Task: Conduct Army Physical Fitness Training Warm-up and stretching IAW FM 21-20. Army Physical Fitness Test in accordance with FM 21-20 Ch1, 30 September 1992			4. DTG Begin:	5. DTG End:	6. Date Prepared:						
7. Operational Phase in which the Mission/Task will be conducted: Army Physical Fitness Test in accordance with FM 21-20 Ch1, 30 September 1992											
8. Prepared by: (Name/Rank/Duty Position) Gamio, Nelson / OPD Operations Sergeant											
9. Identified Hazards:	10. Assess the Hazards: Initial Risk				11. Developed Control Measures for Identified Hazards: (Specific measures taken to reduce the probability and severity of a hazard)				12. Make Risk Decisions: Remaining Risk:	13. How to Implement the Controls:	14. Supervision and Evaluation by: (Continuous, Leader Checks, Buddy System, SITREP, etc.)
	L	M	H	E		L	M	H	E		
Inclement weather (cold/ rain)	X				<ul style="list-style-type: none"> Check weather day of test Proper clothing worn 	X				Constant supervision by all officers	Leader checks
Traffic on the roads		X			<ul style="list-style-type: none"> Run on sidewalks when available Run in buddy teams when able Use of road guards Wearing the proper reflective gear 	X				Supervision of personnel's location and uniform	Leader checks
Pulled muscles/ injuries		X			<ul style="list-style-type: none"> Conduct stretching before and after PT Ensure a phone is available, if needed for medical emergencies Ensure proper techniques are used during circuits Profiles identified 	X				Supervision/ visual checks for signs of illness/ injury	Leader checks
Dehydration		X			<ul style="list-style-type: none"> Water fountains in gym Enforce hydration 	X				Supervision/ visual checks for signs of illness/ injury	Leader checks
Lost of personnel on run routes		X			<ul style="list-style-type: none"> Check accountability before and after Brief routes prior Pair up with battle buddy 	X				Supervision. Back brief of routes.	Leader checks
Black ice or snow		X			<ul style="list-style-type: none"> Check the route prior to the run 	X				Recon the route	Leader checks