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Self-evaluation

The topic I chose for my persuasive speech was appropriate for my audience, I tried relating it to my audience even more by telling them about my own experiences with exercise. As soon as I decided what my topic was going to be, the purpose of my presentation became clear: to persuade my audience that exercise can be fun, that it has many benefits and that we can find time to do it.

I believe I was prepared for this presentation, at least I felt better than with the past ones. For this presentation I went over the same ritual as for the other ones, wrote it, read it out loud to someone, and practiced, practiced, practiced. My preparation time was rewarded in my presentation; everyone seemed to like my speech and they all seemed to be persuaded to start exercising or to keep it up.

My presentation was well organized, I started by telling them about my experience with exercise and by doing so establishing self credibility, then I went on to mention my main points, then explaining them in order, and finally recapping everything I said. I believe my introduction achieved all the main points of a successful introduction and so did my conclusion; both of them to me seemed to meet the requirements. According to my audience my main points were clear and easy to follow.

Research wasn't a problem for this presentation. As soon as I started searching I discovered that many sources were available to me and so, I feel that I did enough research. I only used the information that I felt would be relevant to my audience, by doing this I kept my audience attentive to what I was saying. I personalized my speech by talking about me and by telling my audience a story about my brother.