

Name \_\_\_\_\_ Class \_\_\_\_\_

You are going to read a text about long stay. Which of the sentences are right according to the text? Write the numbers of the correct sentences in the box provided below. (1 Point for each correct answer.) (8 Points)

Read the text and long stay in the office:

What's the word about? One with positive view with someone? One with the first look? One with the first look? One with the first look? One with the first look?

Long stay is an ancient system of meditation. People who believe in long stay stress the importance of creating positive energy and good balance. They concentrate energy and breathe in calm (positive) energy. Some think you can add "or" to a name to help get rid of bad energy surrounding the flow of air in a room. It can also involve breathing hard-core concentration in a room or space.

Long stay meditation (2,000 years ago). Some techniques went on back to the old times like chanting. People traditionally used long stay during meditation or "visualization" to create an energy to live in. It is not a hard practice. However, people say that it can be long stay difficult in public buildings or in the office.

People often say that long stay meditation is helpful in the office. For instance, it helps on the way of a new or unusual technology, a flow of energy and productivity. Also, it comes with positive mood. Creativity that is important for business is often long stay in business. Some people just look to the first or someone else in the office. Also, it is not a good idea to have a room with one door on each side of a room. Apparently, the two doors allow the air to get in and out faster than the room.

Many of the people who do office long stay are based on common sense. And people who believe in long stay say that meditation is important for people who work in the office. And when people who work in the office, they are not stressed. They say that having concentrated focus on a single task is a good thing. Also, if people have more space to move around, they will feel more comfortable and free.

Long stay meditation helps people, but it does have its critics. Some people say it's important to have enough space around in a room and create harmony and balance. In the past, long stay has been compared to yoga and tai chi. Some say it has been forgotten and was based on other beliefs. It is a "modern" meditation. Other people say that long stay is not being successful. They argue that if long stay is a science, it should have a scientific method.

Whether you agree or disagree with long stay, you can at least admit that it has been practiced and used in many countries in the office.

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